



The following is an excerpt from *No Limits* free weekly e-magazine.  
To download entire issues or view other excerpt selections just go to:

<http://www.nolimitsforme.com/No-Limits.html>

The opinions expressed in any articles in this publication are those of the individual authors and may not necessarily be shared by the publishers of *No Limits*.

Any financial or health advice given in *No Limits* may not be right for your particular case and you should seek your own profession opinion before acting on said advice.

Copyright © — The publisher, authors and contributors reserve full copyright of their work as featured in *No Limits* magazine™.

No part of this publication may be copied or otherwise reproduced in any form or by any means without the written permission of the publisher. *No Limits* magazine is protected by trademark. ISSN 1835-7164

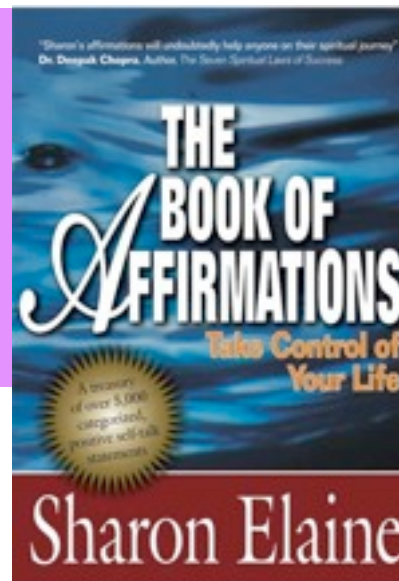
**No Limits** is published every Monday by No Limits For Me  
[www.nolimitsforme.com](http://www.nolimitsforme.com)



# AFFIRMATIONS FOR LIFE

with Sharon Elaine

Visit Sharon Elaine's website:  
<http://www.unleashedminds.com>



### NOW AN INSTANT DOWNLOAD

*The Book of Affirmations* is personally recommended by Dr Deepak Chopra: "Sharon's affirmations will undoubtedly help anyone on their spiritual journey."

Sharon Elaine's *Book of Affirmations* now available as PDF format ebook.  
**\$8.95 US**  
Download your copy now!  
**Get it Now**

## Affirmations for Single Parents

Boy, could I write a book on this subject. Actually, I did write a chapter in a James Twyman book on the subject of raising children. The trials and exhaustion (and joys) that come from being a single parent are things only single parents truly understand. For any single parents reading this, my heart and love goes out to you. It's a tough job, but very, very rewarding.

It's okay to be a single parent  
God gives strength to single parents  
Single parents are brave; I'm brave and courageous today  
I find time to have a social life  
I have kind, caring, affordable sitters whenever I choose  
I have those who are willing to help when necessary  
The experience of being a single parent is part of who I am  
Any stigma surrounding being a single parent is now gone

The choice I made to be a single parent is a good one  
I enjoy being single and having children  
My children and I cut each other some slack today  
Being a single parent is part of what makes me unique  
My children and I form a strong bond  
I meet interesting, positive-minded single parents  
I form new friendships quickly and easily  
I send love and blessings to single parents.



**HIGHLY RECOMMENDED**  
**EXCITING**  
**NEW RELEASE**

16 hours of life-changing material on 16 CDs  
The Information in This Album Will Transform Your Life!  
**ORDER YOURS HERE**



**Free!**  
Get Guy Finley's Free Starter Kit  
[More Information >>](#)